Liuna! core BUILDING HEALTHY FUTURES LOCAL 183 TM	PRIOR COVERAGE	NEW COVERAGE
	Labourers Local 183 Industrial Benefit Fund	Labourers Local 183 Members' Benefit Fund June 1, 2025
LIFE INSURANCE (Insured Plan) - Member	\$50,000 - Principal Sum	\$100,000 - Principal Sum
Interment Benefit (Self Insured)	\$10,000 within 48 hours	\$10,000 within 48 hours
Terminal Illness Advance (24 months life expectancy) Age Limitation	50% of the principal sum Up to age 75	50% of the principal sum up to a maximum of \$50,000 Up to age 75
LIFE INSURANCE DEPENDENTS - Spouse	Principal Sum - \$15,000	Principal Sum - \$20,000
Dependent Child	Principal Sum - \$13,000 Principal Sum - \$2,000	Principal Sum - \$10,000
Ferminal Illness Advance	50% of the principal sum	50% of the principal sum
ACCIDENTAL DEATH & DISMEMBERMENT - Member	\$50,000	\$100,000
Spouse	\$15,000	\$30,000
Dependent Child	\$2,000	\$4,000
Age Limitation	Up to age 70	Up to age 70 \$100,000
OCCUPATIONAL ACCIDENTAL DEATH & DISMEMBERMENT- Member age Limitation	-	\$100,000 Up to age 70
PECIAL NEEDS LIFE INSURANCE - Member	-	\$100,000
Age Limitation	-	Up to age 75
PERMANENT / TOTAL ACCIDENT DISABILITY - Member	-	\$100,000
Age Limitation CRITICAL ILLNESS - Member	<u>-</u> \$11,000	Up to age 70 \$20,000
Spouse	\$2,500	\$20,000
Child	-	\$2,500
Age Limitation Survival Period	Up to age 70 None	Up to age 70 None
IOSPITAL CASH		
ge Limitation	Members / Spouse / Dependent Child Up to age 75	Members / Spouse / Dependent Child Up to age 75
Daily Maximum Benefit	\$100	\$225 (50% after Age 70'
Benefit Duration	Maximum of 120 consecutive days	Maximum of 120 consecutive days
Vaiting Period	3 consecutive days commencing upon arrival	3 consecutive days commencing upon arriva
Vaiting Period for Birth	24 Hours	24 Hours
ONG TERM CARE	-	Member & Spouse
ge Limitation	-	Over the age of 18
Maximum Indemnity Benefit Jaily Reimbursement Benefit	-	\$50 per day for Long Term Care Services \$100 per day for eligible Long Term Care Expenses
Hospice Care (In-Home)		\$100 per day for eligible cong Term Care Expenses
ifetime Maximum per person	-	\$100,000
CHILD DISABILITY	-	Dependent Child
enefit	-	Provide protection if child develops a severe illness, disability or injury
onditions	-	Genetic conditions -Cystic Fibrosis, Down and Rett syndromes Autism, Cerebral Palsy, Muscular Dystrophy and many more rare diseases
HORT TERM DISABILITY	Member (Full Time)	Member (Full Time)
ge Limitation	Up to age 65	Up to age 65
enefits Payable	1 st day Accident	1 st day Accident
otal Period of Coverage	Maximum of 38 weeks	Maximum of 38 weeks
ntegrated	El Sickness Benefits (maximum 26 weeks)	El Sickness Benefits (maximum 26 weeks)
Maximum Weekly Benefit	Weekly Benefit is \$300	Weekly Benefit is \$300
pproved Claims Only	\$100 initial claim form completion fee	\$100 initial claim form completion fee
SPECIAL MEDICAL / HOSPITAL COVERAGE WHILE IN CANADA	-	Members / Spouse / Dependent Child
age Limitation Senefit	-	Up to age 70 \$25,000 per occurrence
ifetime Maximum		\$25,000 per occurrence \$250,000 per individual
Coverage	-	Hospital, Surgeon, Physician Fees
MERGENCY OUT OF PROVINCE	Members / Spouse / Dependent Child	Members / Spouse / Dependent Child
ge Limitation	Under the age of 99	Under the age of 99
overage	24 Hours	24 Hours
laximum Per Trip Benefit	\$5,000,000 / up to age 80 \$2,500,000 / age 80 - up to age 99 (180 day pre-existing stability clause)	\$5,000,000 / up to age 80 \$2,500,000 / age 80 - up to age 99 (180 day pre-existing stability clause
Period of Coverage	Maximum of 90 consecutive days per trip	Maximum of 90 consecutive days per trip
EALTH CARE INSURANCE	Members / Spouse / Dependent Child	Members / Spouse / Dependent Child
Deductible Deduction	Nii 100%	Ni 100%
Coinsurance ifetime Maximum	\$3,000,000 (per insured family member)	100% Unlimited (per insured family member
Medical Claim Form Reimbursement	Combined maximum amount of \$100 per calendar year	Combined maximum amount of \$100 per calendar year
Medical Exam/Test Reimbursement Prescription Drugs	Combined maximum amount of \$200 per calendar year 100% (Rx drugs prescribed by a Physician and dispensed by a Pharmacist)	Combined maximum amount of \$200 per calendar year 100% (Rx drugs prescribed by a Physician and dispensed by a Pharmacist
	\$50,000 Lifetime Maximum on Opioids	\$50,000 Lifetime Maximum on Opioids
Member Advantage Card	Prescription Drugs, Paramedical, and Dental Reimbursement	Prescription Drugs, Paramedical, and Dental Reimbursemen

	PRIOR COVERAGE	NEW COVERAGE
LIUNA! CORE BUILDING HEALTHY FUTURES LOCAL 183	Labourers Local 183 Industrial Benefit Fund	Labourers Local 183 Members' Benefit Fund June 1, 2025
Medical Cannabis	Maximum of \$2,000 per calendar year to treat 6 pre-determined conditions	Maximum of \$500 per calendar year to treat 6 pre-determined conditions
Paramedical Therapy (Prior Coverage)	\$50 per visit up to an overall combined paramedical therapy	\$85 per visit up to an overall combined paramedical therapy
Podiatrist/Chiropodist, Chiropractor	Maximum of \$1,000 per calendar year	Maximum of \$2,000 per calendar year
' ' '	\$100 1st visit / \$50 subsequent visits (chiropractor services only)	\$100 1st visit / \$85 subsequent visits (chiropractor services only)
Paramedical Therapy (New Coverage) Massage Therapy (M.D. Referal), Naturopath, Osteopath, Acupuncture, Occupational Therapist, Athletic Therapy	-	\$85 per visit up to an overall combined paramedical therapy Maximum of \$2,000 per calendar year
Behavioural Therapy	\$100 per visit up to an overall combined behavioral therapy	\$105 per visit up to an overall combined behavioral therapy
Clinical Psychologist, Psychotherapist, Psychoanalyst, Social Worker	Maximum of \$1,000 per calendar year	Maximum of \$2,000 per calendar year \$100 1st visit / \$90 subsequent visits up to an overall combined
Physiotherapy	\$50 per visit up to an overall combined paramedical therapy	paramedical therapy
Physiotherapist (M.D. Referral)	Maximum of \$1,000 per calendar year	Maximum of \$2,000 per calendar year
Speech Therapy	Lifetime maximum of \$10,000 per dependent child only	Lifetime maximum of \$10,000 per dependent child only
Speech Therapist (M.D. or N.P. Referral) (Dependent Child Only) Ambulance	\$200 per visit maximum Covered after OHIP excluding air and rail	\$200 per visit maximum Covered after OHIP excluding air and rail
Accidental Dental	Injury/loss to natural teeth completed within 12 months	Injury/loss to natural teeth completed within 12 months
Orthopedic Shoes (Custom made)	1 pair every 24 months / Maximum \$500	1 pair every 24 months / Maximum \$500
Orthotics (Custom made) Hearing Aids	50% / Maximum \$250 per calendar year (including replacement, repair, batteries)	50% / Maximum \$250 per calendar year
Private Duty Nursing	(including replacement, repair, batteries) \$5,000 Lifetime Maximum	(including replacement, repair, batteries) \$5,000 Lifetime Maximum
Rental of Durable Medical Equipment	Covered	Covered
Canes/Casts/Crutch/Splint	Covered	Covered
Artificial Limbs/Eyes etc. Diabetic Supplies Freestyle Libre Flash Glucose Monitor & Sensors (FGM)	Covered including replacement Covered	Covered including replacement Covered
Freestyle Libre Flash Glucose Monitor & Sensors (FGM)	Must be insulin dependent/Monitor reimbursement \$75.00, Sensors thru Drug Card	Must be insulin dependent/Monitor reimbursement \$75.00, Sensors thru Drug Card
Continuous Glucose Monitors (CGM)	Up to \$4,000 per year (Sensor/Transmitter/Receiver)	Up to \$4,000 per year (Sensor/Transmitter/Receiver)
Intrauterine Device (IUD's) Extremity Pump	Covered Once a lifetime / Maximum \$1,500	Covered Once a lifetime / Maximum \$1,500
Apnea Monitors (CPAP Unit) / Oral (Dental) Device	Covered	Covered
Breast Prosthesis	One (1) external breast to a max of \$500 per breast once every 24 months	One (1) external breast to a max of \$500 per breast once every 24 months
Surgical Brassieres	Two pairs per calendar year	Two pairs per calendar year
Surgical Stockings/Anti-embolism Stockings	Two pairs per calendar year	Two pairs per calendar year
Wigs	\$500 Lifetime Maximum \$20 per visit / \$2,500 Calendar Year Maximum	\$500 Lifetime Maximum \$20 per visit / \$2,500 Calendar Year Maximum
Sclerotherapy (Vein Injections) Nstride or Platelet-Rich Plasma (PRP) Injection (M.D. Referral)	Up to \$2,000 every 36 months (not eligible for cosmetic purposes)	Up to \$2,000 every 36 months (not eligible for cosmetic purposes)
Vaccinations / Immunization	Maximum of \$500 per calendar year	Maximum of \$500 per calendar year
Iron Drug Injectables	Iron Drug Injectables	Iron Drug Injectables
Vaccination - Hepatitis A and B	Twinrix® (3 doses) once per lifetime	Twinrix® (3 doses) once per lifetime
Vaccination - Shingles	Zostavax® or SHINGRIX (1 dose) / \$210 maximum per lifetime	Zostavax® or SHINGRIX (1 dose) / \$210 maximum per lifetime
Smoking Cessation	One (1) course treatment up to a maximum of \$350 per lifetime	One (1) course treatment up to a maximum of \$350 per lifetime
VISION COVERAGE		
Vision Care	One set (lenses & frames) / \$300 maximum every 24 months \$100 maximum within the same 24 month period	One set (lenses & frames) / \$450 maximum every 24 months
Replacement Lenses (Rx Change/Damaged) Contact Lenses	In lieu of glasses / \$300 maximum every 24 months	\$100 maximum within the same 24 month period In lieu of glasses / \$450 maximum every 24 months
Eye Exams - Under 65 years of age (Member & Dependents)	in lied of gladded / good maximum every 24 months	Included once (with vision care coverage) within the same 24 month period
Eye Exams - Over 65 years of age (Member & Dependents)		
	OHIP Covered	OHIP Covered
Eye Exams - Dependents under 65 years of age/ Member is over 65 years of age	OHIP Covered -	OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only)
Eye Exams - Dependents under 65 years of age/	OHIP Covered -	OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only) \$2,000 Lifetime Maximum Maximum \$450 per eye, per lifetime
Eye Exams - Dependents under 65 years of age/ Member is over 65 years of age Laser Eye Surgery Intra-ocular lens (IOL) Prep Exam - Prior cataract surgery Intra-ocular lens (IOL) - Post cataract surgery	OHIP Covered	OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only) \$2,000 Lifetime Maximum
Eye Exams - Dependents under 65 years of age/ Member is over 65 years of age Laser Eye Surgery Intra-ocular lens (IOL) Prep Exam - Prior cataract surgery Intra-ocular lens (IOL) - Post cataract surgery DENTAL CARE	-	OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only) \$2,000 Lifetime Maximum Maximum \$450 per eye, per lifetime Single-focal - max \$250 per eye per lifetime / Multi-focal - max \$600 per eye per lifetime
Eye Exams - Dependents under 65 years of age/ Member is over 65 years of age Laser Eye Surgery Intra-ocular lens (IOL) Prep Exam - Prior cataract surgery Intra-ocular lens (IOL) - Post cataract surgery DENTAL CARE Calendar Year Maximum		OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only) \$2,000 Lifetime Maximum Maximum \$450 per eye, per lifetime Single-focal - max \$250 per eye per lifetime / Multi-focal - max \$600 per eye per lifetime \$3,000 (per family member)
Eye Exams - Dependents under 65 years of age/ Member is over 65 years of age Laser Eye Surgery Intra-ocular lens (IOL) Prep Exam - Prior cataract surgery Intra-ocular lens (IOL) - Post cataract surgery DENTAL CARE	-	OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only) \$2,000 Lifetime Maximum Maximum \$450 per eye, per lifetime Single-focal - max \$250 per eye per lifetime / Multi-focal - max \$600 per eye per lifetime
Eye Exams - Dependents under 65 years of age/ Member is over 65 years of age Laser Eye Surgery Intra-ocular lens (IOL) Prep Exam - Prior cataract surgery Intra-ocular lens (IOL) - Post cataract surgery DENTAL CARE Calendar Year Maximum Reimbursement Member Advantage Card Coinsurance	\$3,000 (per family member) 2023 O.D.A. Fee Guide Dental Reimbursement	OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only) \$2,000 Lifetime Maximum Maximum \$450 per eye, per lifetime Single-focal - max \$250 per eye per lifetime / Multi-focal - max \$600 per eye per lifetime \$3,000 (per family member) 2025 O.D.A. Fee Guide Dental Reimbursement
Eye Exams - Dependents under 65 years of age/ Member is over 65 years of age Laser Eye Surgery Intra-ocular lens (IOL) Prep Exam - Prior cataract surgery Intra-ocular lens (IOL) - Post cataract surgery DENTAL CARE Calendar Year Maximum Reimbursement Member Advantage Card Coinsurance Basic/Preventative	\$3,000 (per family member) 2023 O.D.A. Fee Guide Dental Reimbursement	OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only) \$2,000 Lifetime Maximum Maximum \$450 per eye, per lifetime Single-focal - max \$250 per eye per lifetime / Multi-focal - max \$600 per eye per lifetime \$3,000 (per family member) 2025 O.D.A. Fee Guide Dental Reimbursement
Eye Exams - Dependents under 65 years of age/ Member is over 65 years of age Laser Eye Surgery Intra-ocular lens (IOL) Prep Exam - Prior cataract surgery Intra-ocular lens (IOL) - Post cataract surgery DENTAL CARE Calendar Year Maximum Reimbursement Member Advantage Card Coinsurance	\$3,000 (per family member) 2023 O.D.A. Fee Guide Dental Reimbursement	OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only) \$2,000 Lifetime Maximum Maximum \$450 per eye, per lifetime Single-focal - max \$250 per eye per lifetime / Multi-focal - max \$600 per eye per lifetime \$3,000 (per family member) 2025 O.D.A. Fee Guide Dental Reimbursement
Eye Exams - Dependents under 65 years of age/ Member is over 65 years of age Laser Eye Surgery Intra-ocular lens (IOL) Prep Exam - Prior cataract surgery Intra-ocular lens (IOL) - Post cataract surgery DENTAL CARE Calendar Year Maximum Reimbursement Member Advantage Card Coinsurance Basic/Preventative Diagnostics/Endodontics/Periodontics Dentures - Partial Dentures - Complete	\$3,000 (per family member) 2023 O.D.A. Fee Guide Dental Reimbursement 80% 80% 80%	OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only) \$2,000 Lifetime Maximum Maximum \$450 per eye, per lifetime Single-focal - max \$250 per eye per lifetime / Multi-focal - max \$600 per eye per lifetime / \$3,000 (per family member) 2025 O.D.A. Fee Guide Dental Reimbursement 100% 100% 100%
Eye Exams - Dependents under 65 years of age/ Member is over 65 years of age Laser Eye Surgery Intra-ocular lens (IOL) Prep Exam - Prior cataract surgery Intra-ocular lens (IOL) - Post cataract surgery DENTAL CARE Calendar Year Maximum Reimbursement Member Advantage Card Coinsurance Basic/Preventative Diagnostics/Endodontics/Periodontics Dentures - Partial Dentures - Complete Crowns/Bridgework	\$3,000 (per family member) 2023 O.D.A. Fee Guide Dental Reimbursement 80% 80%	OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only) \$2,000 Lifetime Maximum Maximum \$450 per eye, per lifetime Single-focal - max \$250 per eye per lifetime / Multi-focal - max \$600 per eye per lifetime \$3,000 (per family member) 2025 O.D.A. Fee Guide Dental Reimbursement 100% 100% 100% 100% 100%
Eye Exams - Dependents under 65 years of age/ Member is over 65 years of age Laser Eye Surgery Intra-ocular lens (IOL) Prep Exam - Prior cataract surgery Intra-ocular lens (IOL) - Post cataract surgery DENTAL CARE Calendar Year Maximum Reimbursement Member Advantage Card Coinsurance Basic/Preventative Diagnostics/Endodontics/Periodontics Dentures - Partial Dentures - Complete Crowns/Bridgework Implants	\$3,000 (per family member) 2023 O.D.A. Fee Guide Dental Reimbursement 80% 80% 80% 80% 80%	OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only) \$2,000 Lifetime Maximum Maximum \$450 per eye, per lifetime Single-focal - max \$250 per eye per lifetime / Multi-focal - max \$600 per eye per lifetime / S3,000 (per family member) 2025 O.D.A. Fee Guide Dental Reimbursement 100% 100% 100% 1100% 1100%
Eye Exams - Dependents under 65 years of age/ Member is over 65 years of age Laser Eye Surgery Intra-ocular lens (IOL) Prep Exam - Prior cataract surgery Intra-ocular lens (IOL) - Post cataract surgery DENTAL CARE Calendar Year Maximum Reimbursement Member Advantage Card Coinsurance Basic/Preventative Diagnostics/Endodontics/Periodontics Dentures - Partial Dentures - Complete Crowns/Bridgework	\$3,000 (per family member) 2023 O.D.A. Fee Guide Dental Reimbursement 80% 80% 80%	OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only) \$2,000 Lifetime Maximum Maximum \$450 per eye, per lifetime Single-focal - max \$250 per eye per lifetime / Multi-focal - max \$600 per eye per lifetime \$3,000 (per family member) 2025 O.D.A. Fee Guide Dental Reimbursement 100% 100% 100% 100% 100%
Eye Exams - Dependents under 65 years of age/ Member is over 65 years of age Laser Eye Surgery Intra-ocular lens (IOL) Prep Exam - Prior cataract surgery Intra-ocular lens (IOL) - Post cataract surgery DENTAL CARE Calendar Year Maximum Reimbursement Member Advantage Card Coinsurance Basic/Preventative Diagnostics/Endodontics/Periodontics Dentures - Partial Dentures - Complete Crowns/Bridgework Implants Restorative Surgical Oral Exams/Light Scaling/Polishing	\$3,000 (per family member) 2023 O.D.A. Fee Guide Dental Reimbursement 80% 80% 80% 80% 80%	OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only) \$2,000 Lifetime Maximum Maximum \$450 per eye, per lifetime Single-focal - max \$250 per eye per lifetime / Multi-focal - max \$600 per eye per lifetime \$3,000 (per family member) 2025 O.D.A. Fee Guide Dental Reimbursement 100% 100% 100% 100% 100% 100% 100% 10
Eye Exams - Dependents under 65 years of age/ Member is over 65 years of age Laser Eye Surgery Intra-ocular lens (IOL) Prep Exam - Prior cataract surgery Intra-ocular lens (IOL) - Post cataract surgery DENTAL CARE Calendar Year Maximum Reimbursement Member Advantage Card Coinsurance Basic/Preventative Diagnostics/Endodontics/Periodontics Dentures - Partial Dentures - Complete Crowns/Bridgework Implants Restorative Surgical Oral Exams/Light Scaling/Polishing Scaling/Root Planing/Occlusal Equilibration	\$3,000 (per family member) 2023 O.D.A. Fee Guide Dental Reimbursement 80% 80% 80% 80% 80% 90% 90% 90% 90% 90% 90% 90% 90% 90% 9	OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only) \$2,000 Lifetime Maximum Maximum \$450 per eye, per lifetime Single-focal - max \$250 per eye per lifetime / Multi-focal - max \$600 per eye per lifetime \$3,000 (per family member) 2025 O.D.A. Fee Guide Dental Reimbursement 100% 100% 100% 100% 100% 100% 100% 10
Eye Exams - Dependents under 65 years of age/ Member is over 65 years of age Laser Eye Surgery Intra-ocular lens (IOL) Prep Exam - Prior cataract surgery Intra-ocular lens (IOL) - Post cataract surgery DENTAL CARE Calendar Year Maximum Reimbursement Member Advantage Card Coinsurance Basic/Preventative Diagnostics/Endodontics/Periodontics Dentures - Partial Dentures - Complete Crowns/Bridgework Implants Restorative Surgical Oral Exams/Light Scaling/Polishing	\$3,000 (per family member) 2023 O.D.A. Fee Guide Dental Reimbursement 80% 80% 80% 80% 80%	OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only) \$2,000 Lifetime Maximum Maximum \$450 per eye, per lifetime Single-focal - max \$250 per eye per lifetime Multi-focal - max \$600 per eye per lifetime/ Multi-focal - max \$600 per eye per lifetime \$3,000 (per family member) 2025 O.D.A. Fee Guide Dental Reimbursement 100% 100% 100% 100% 100% 100% 100% 10
Eye Exams - Dependents under 65 years of age/ Member is over 65 years of age Laser Eye Surgery Intra-ocular lens (IOL) Prep Exam - Prior cataract surgery Intra-ocular lens (IOL) - Post cataract surgery DENTAL CARE Calendar Year Maximum Reimbursement Member Advantage Card Coinsurance Basic/Preventative Diagnostics/Endodontics/Periodontics Dentures - Partial Dentures - Complete Crowns/Bridgework Implants Restorative Surgical Oral Exams/Light Scaling/Polishing Scaling/Root Planing/Occlusal Equilibration Repairs/Relines/Rebases	\$3,000 (per family member) 2023 O.D.A. Fee Guide Dental Reimbursement 80% 80% 80% 80% 80% 90% 90% 90% 90% 90% 90% 90% 90% 90% 9	OHIP Covered Included once (with vision care coverage) within the same 24 month period (Dependents only) \$2,000 Lifetime Maximum Maximum \$450 per eye, per lifetime Single-focal - max \$250 per eye per lifetime / Multi-focal - max \$600 per eye per lifetime \$3,000 (per family member) 2025 O.D.A. Fee Guide Dental Reimbursement 100% 100% 100% 100% 100% 100% 100% 10

	PRIOR COVERAGE	NEW COVERAGE
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Liuna! Care BUILDING HEALTHY FUTURES LOCAL 183 TM	Labourers Local 183 Industrial Benefit Fund	Labourers Local 183 Members' Benefit Fund June 1, 2025
Benefit	Navigation of Healthcare System	Navigation of Healthcare System
CANCER ASSISTANCE Benefit	Members / Spouse / Dependent Child Specializing in Cancer Care Assistance / Navigation	Members / Spouse / Dependent Child Specializing in Cancer Care Assistance / Navigation
SECOND OPINION MEDICAL	Members / Spouse / Dependent Child	Members / Spouse / Dependent Child
Benefit	Second Medical Opinion Benefit	Second Medical Opinion Benefit
MENTAL HEALTH Benefit	Members / Spouse / Dependent Child	Members / Spouse / Dependent Child
	Confidential Counselling for Mental Wellness Anxiety, Addiction, Depression, Stress & Substance Abuse	Confidential Counselling for Mental Wellness Anxiety, Addiction, Depression, Stress & Substance Abuse
INPATIENT SERVICES - MENTAL HEALTH AND ADDICTION Benefit	Member Only Immediate access to residential treatment beds Prompt treatment for all forms of mental health and substance abuse	Member Only Immediate access to residential treatment beds Prompt treatment for all forms of mental health and substance abuse
SMART BENEFIT Benefit	Members / Spouse / Dependent Child Online Substance Management & Recovery Program	Members / Spouse / Dependent Child Online Substance Management & Recovery Program
ADDICTION CENTRE - Opioid Program Benefit	Members / Spouse / Dependent Child Outpatient Treatment Service for confidential opioid therapy and treatment	Members / Spouse / Dependent Child Outpatient Treatment Service for confidential opioid therapy and treatment
EXPEDITED HEALTHCARE	Members / Spouse / Dependent Child	Members / Spouse / Dependent Child
Diagnostics Healthcare Services Specialists Healthcare Services	MRI / CT Scans / Ultrasound / Endoscopy / Colonoscopy Dermatologist, Endocrinologist, Gynecologist, Podiatrist, Respirologist,	MRI / CT Scans / Ultrasound / Endoscopy / Colonoscopy
Openiols i legililegie oci viles	Cardiologist, Endocrinologist, Gynecologist, Podiatrist, Respirologist, Cardiology, Gastroenterology, General Surgery, Neurosurgery, Ear, nose & throat, Orthopedics, Ophthalmology, Rheumatology, Urology, Neurology	Dermatologist, Endocrinologist, Gynecologist, Podlatrist, Respirologist, Cardiology, Gastroenterology, General Surgery, Neurosurgery, Ear, nose & throat, Orthopedics, Ophthalmology, Rheumatology, Urology, Neurology
Surgeries Healthcare Services (MEMBER ONLY)	Orthopedic Surgery - ACL, Elbow, Foot, Ankle, Toe, Hand, Wrist, Hip, Knee	Orthopedic Surgery - ACL,Elbow,Foot,Ankle,Toe,Hand,Wrist,Hip,Knee
	& Shoulder <u>General Surgery</u> - Cataract,Ear,Nose & Throat,Gallbladder & Hernia	& Shoulder <u>General Surgery</u> - Cataract,Ear,Nose & Throat,Gallbladder & Hernia <u>Joint Replacement Surgeries</u> - Hip,Knee,Shoulder,Elbow,Ankle & Wrist
vCARE VIRTUAL HEALTHCARE	Members / Spouse / Dependent Child	Members / Spouse / Dependent Child
Benefit	Online platform for Non-Emergency Medical Support	Online platform for Non-Emergency Medical Support
MEMBER FAMILY ASSISTANCE PROGRAM - LIFE JOURNEY Benefit	Members / Spouse / Dependent Child Virtual / Phone Counselling Services	Members / Spouse / Dependent Child Virtual / Phone Counselling Services
SELF HELP WORKS	Members / Spouse / Dependent Child	Members / Spouse / Dependent Child
Benefit	Online training platform for Smoking Cessation/Weight Loss/ Alcohol/Stress/Diabetes/Sleep etc.	Online training platform for Smoking Cessation/Weight Loss/ Alcohol/Stress/Diabetes/Sleep etc.
HEALTH COACHING Benefit	Members / Spouse / Dependent Child Confidential one-on-one coaching support around diabetes & heart health	Members / Spouse / Dependent Child Confidential one-on-one coaching support around diabetes & heart health
VIRTUAL HOME DELIVERY PHARMACY	Members / Spouse / Dependent Child	Members / Spouse / Dependent Child
Benefit Control WELLINGS BODTH	Home delivery for prescription medications	Home delivery for prescription medications
FINANCIAL WELLNESS PORTAL Benefit	Members / Spouse / Dependent Child	Members / Spouse / Dependent Child
	Access to tools / information to assist in educating and providing guidance for financial goals and assist in alleviating stress from financial uncertainty	Access to tools / information to assist in educating and providing guidance for financial goals and assist in alleviating stress from financial uncertainty
PARENTING / ELDER CAREGIVING Benefit	-	Member Provide supportive services (telephone or video conference) for the caregiving needs of the elderly no matter age, stage, crisis or concern
MENTAL HEALTH LIVE VIDEO THERAPY Benefit	-	Members / Spouse / Dependent Child Online portal to assist with mental health issues with convenience and privacy of at-home support
Duration	-	Six (6) sessions to address most prominent mental health issues
MENTAL HEALTH INTENSIVE OUTPATIENT THERAPY	-	Members / Spouse / Dependent Child
Benefit	-	Assist with mild to moderate mental health symptoms, including mood and anxiety disorders, depression, or bipolar disorders
Duration	-	Eight (8) week (9 hours per week) intensive outpatient program,followed by 10 weeks of aftercare
PREMIUM HEALTH ASSESSMENT CENTRE @ LOCAL 183 Benefit	-	Members / Spouse / Dependent Child Perform comprehensie annual health assessments through a preventative medical care assessment. Designed to detect early signs of illness and focus on preventative, diagnostic and curative measures
Screenings	-	Screenings performed with Health Assessment will be - Temperature, Heart Rate, Blood Pressure, Oxygen Saturation, Height and Weight, Cholesterol, HDL, Non-HDL, Triglycerides, LDL and HB-A1c
R.E.S.P. BENEFIT (Active Members Only, Not Retirees)		\$500 for each child/grandchild born on or after January 1, 2017
R.E.S.P. BENEFIT (Active Members Only, Not Retirees) JURY DUTY		\$100 for each child/grandchild born on or after January 1, 2000 Member
Benefit	-	\$200 per day
Duration PARENTAL LEAVE	-	Maximum of 100 days Member
Benefit	-	\$300 per day

	PRIOR COVERAGE	NEW COVERAGE
LiUNA! CCITE BUILDING HEALTHY FUTURES LOCAL 183 TM	Labourers Local 183 Industrial Benefit Fund	Labourers Local 183 Members' Benefit Fund June 1, 2025
Duration	-	Maximum of 3 days immediately following the birth of a newborn
DISABILITY MANAGEMENT SERVICES	Members	Members
Benefit	WSIB / STD Integration	WSIB / STD Integration
GROUP LEGAL BENEFITS	Member / Spouse	Member / Spouse
Benefit	Wills, Power of Attorney, Real Estate, Separation Agreements, Divorce, Cohabitation Agreement Benefit, Highway Traffic Act *Subject to the limitations as set out under the Pre-Paid Legal Benefit Trust	Wills, Power of Attorney, Real Estate, Separation Agreements, Divorce, Cohabitation Agreement Benefit, Highway Traffic Act *Subject to the limitations as set out under the Pre-Paid Legal Benefit Trust

The above is for general information only. All benefits are subject to the terms of the insurance policies and eligibility provisions of the Trust Fund.